

## HAPPY EASTER EVERYONE!

From The Northern Pulse Team

**CHAMPIONS AGAIN**

80th ANNIVERSARY

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**249/lb** HAYTER'S FARM Frozen Grade A Turkeys \$5.49/kg

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Hours: 7 Days a Week 7:00 am - 9:00 pm Phone: 250-774-2791 Address: 4823 50th Ave South

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Dr. Sonja E. R. Leverkus PhD RPBio RPF PAg EP Founder and Sr. Fire Lead

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### FORT NELSON HISTORY SERIES: All the Ways We Got Here by Maggie Squires

#### 2. The Dehcho

While we may never shed the name Fort Nelson given to us 220 years ago by a fur company in honour of a British Naval Admiral, it may serve as a two-way mirror, a view of what's left of the wilderness that was once all around us, and a reflection of all the ways we got here.

Fort Nelson is situated within the watershed of the Dehcho (Big River) also known as Mackenzie River—Canada's biggest in length, discharge and basin area. Into the Arctic Ocean, the Big River discharges runoff collected from familiar rivers: the Nelson, Muskwa, Liard, Peace, Slave, and Nahanni, to name a few.

Before the modern Dehcho river system, a paleo-river called the Bell collected runoff from the Mackenzie Mts. and carried it across (not down) what is now the Mackenzie Valley, the Interior Plateau, and the Canadian Shield to the Labrador Sea. But at Last Glacial Maximum, about 20,000 years ago, the vast Laurentide Ice Sheet blocked the Bell's eastward flow and forced it northward. Later, between about 13 and 10 thousand years ago, as ice sheets thinned and retreated east, glacial meltwater collected in an immense impoundment that lasted a few more thousand years and eventually spilled northward leaving behind Dehcho watershed's biggest lakes: Great Bear, Great Slave, and Athabasca. After glacial down-warping, land rebounded and tilted northward sending water from BC, AB, SK, and NT down the Dehcho to the Beaufort Sea.

Over thousands of years, a succession of plant and animal communities—herbs, shrubs, and grasses, squirrels, hare, bison, and aquatic birds—arrived from the portion of the watershed occupied by Beringia. When boreal forest replaced open habitat, animal communities similar to those of today became established. The modern subarctic muskeg landscape developed by at least 500 years ago. Beringians (and their dog companions) adapted technologically and culturally to the changing availability of large and small mammals, edible plants, and the seasonality of migrating fish and waterfowl."

Following Beringia (Part 1) and The Dehcho (Part 2), Part 3 will begin to cover First Peoples and the nature of their lifeways.



### MUSKWA MUSINGS with Casey Gairdner

#### The "Home by Ten" Revolution

Last week, we talked about reclaiming the magic of summer camp, trading the grocery list for a dinner bell and a kayak. But let's be honest, the "big kid" energy we're chasing often hits a wall around 9:00 PM. If you've ever found yourself eyeing the exit at a wedding just as the dance floor opens, you aren't alone. You're simply ready for the "Bed by 10" revolution.



Across B.C. and Alberta, a new wave of social life is emerging for those of us who want the bass drop without the 2:00 AM burnout. "Early-bird clubbing" events are popping up in cities like Vancouver and Calgary, featuring full DJ sets and dance floors that wrap up before the late-night news. It's all the adrenaline of a night out, with the glorious gift of a productive Saturday morning.

If the club scene, even the early version isn't your speed, there are plenty of other ways to find that night out nostalgia:

Twilight Lawn Games: From competitive bocce ball to glow-in-the-dark cornhole, local parks are becoming the new social hubs.

Board Game Bistros: These spots offer a tactile, low-stakes way to connect over a strategy game and a good local brew.

Matinee Live Music: More venues are hosting "Sunday Sessions" or afternoon jazz sets, perfect for soaking in culture while the sun is still up.

Art & Beverage Nights: Whether it's pottery or painting, working with your hands mimics that childhood "craft shack" feel, minus the sticky glue.

We spent our twenties proving we could stay up, let's spend our thirties and foam roller forties proving we can show up, for ourselves and each other, and still be tucked in by ten.

Until next week!

Casey Gairdner "The Muskwa Muser" Muskwamuser@gmail.com

**ECOLOGICAL CONSULTING COMPANY**

**Dr. Sonja E. R. Leverkus PhD RPBio RPF PAg EP**  
Founder and Ecosystem Scientist  
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**JUNK JOURNALING WORKSHOP** AD SPACE SPONSORED BY

April 21, 2026 with Indu

1:00 PM \$5 fee for Non-members

Northern Lamplighters Please RSVP to 250-774-3232

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# WEEKLY EVENTS CALENDAR

\*please check out the QR code calendar links for full listings of events

## UPCOMING

### EVENTS

#### LIBRARY



#### LAMPLIGHTERS



#### FRIENDSHIP CENTRE



April calendars will be in the next issue.

## UPCOMING

### EVENTS

#### HOSPICE SOCIETY



#### LITERACY SOCIETY



#### CHILD DEVELOPMENT



April calendars will be in the next issue.

## NORTHERN ROCKIES REGIONAL MUNICIPALITY

### Opportunities & Notices

#### Career Opportunities

[northernrockies.ca/careers](http://northernrockies.ca/careers)

Job Posting No. 2026.01

**Casual Positions**

Closes: Dec 31, 2026 at 4:30 p.m.

For current career opportunities visit [www.northernrockies.ca/careers](http://www.northernrockies.ca/careers)

#### Bidding Opportunities

[northernrockies.ca/bids](http://northernrockies.ca/bids)

ITT-2026-09

**NRRA Runway 04 SSALR High Intensity Approach Light Rehab**  
Closes: April 16, 2026 at 2:00 p.m.

For current bidding opportunities visit [www.northernrockies.bidsandtenders.ca](http://www.northernrockies.bidsandtenders.ca)

#### Advisories, Notices & Hearings

[northernrockies.ca/notices](http://northernrockies.ca/notices)

### 2026 DRAFT BUDGET

#### Open House

**MARCH 31  
5PM - 7PM**

Municipal Hall Lobby  
5319 50<sup>th</sup> Ave S.

NOTE: This advertisement contains the most current postings as of the newsletter publication date.  
Visit [www.NorthernRockies.ca](http://www.NorthernRockies.ca)

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### Easter Happenings at Pentecostal Hi-Way Tabernacle

Palm Sunday - Mar.29

Friday, April 3

9:30AM - 10:30AM Good Friday Service  
11:00AM - Walk of the Cross

Following the Walk of the Cross - Fellowship & Refreshments at PHT

Sunday, April 5

10:30AM Easter/Resurrection Sunday

#### NRSS MEALS ON WHEELS

**Tuesday, March 31st** Sheppard's Pie & Salad  
Menu may be subject to change,  
call to order 250-774-3193 the day prior.

### United Church Easter Events

Thursday, April 2

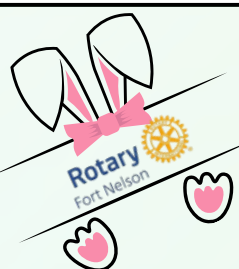
5:00PM - Maundy Seder Dinner - for a reservation call 250-500-2742

Friday, April 3

11:00AM - Walk of the Cross with all churches - starts at the Catholic Church on Airport Drive  
4:00PM Good Friday Service at the United Church

Sunday, April 5

8:00AM Easter Sunrise Service at the cemetery  
8:45AM Potluck Breakfast  
9:30AM Traditional Easter Daffodil Service with guest Rev. Andrew Johnston and pianist Kathryn MacNeil

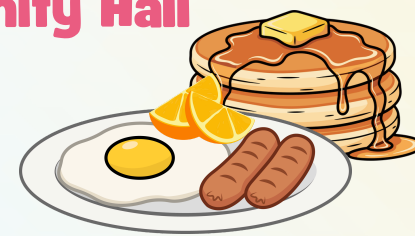


## Rotary Pancake Breakfast | April 4th 9:30-11:30 | Community Hall

Pancakes, sausages, eggs, kids game, colouring contest & more!

by donation

Thank you to Gary Foster for sponsoring this event



## Alexis Jorgensen Achieves Registered Professional Biologist Designation

Shifting Mosaics and Northern Fire WoRx are very pleased to congratulate Alexis Jorgensen on her successful recent achievement of gaining her Registered Professional Biologist (RPBio) designation with the BC College of Applied Biologists. We are so proud of Alexis and we appreciate her dedication, determination, and grit in powering through the process over the years to acquire this designation. Alexis has lived and worked in Fort Nelson for the past four years along with a couple years previously working with Fort Nelson First Nation, Shifting Mosaics, and Geoterra. She acquired her Masters of Science from Wilfred Laurier in Dr. Jennifer Baltzer's lab where Alexis studied the response of vegetation and wildlife to fire in the Northwest Territories. For those of us who have the great joy of knowing Alexis, she contributes meaningfully to our community through her volunteer work at North Paws and with the Arts Council. Alexis shares her musical talents with our communities at the concerts and events around town including the post-Christmas parade Christmas tree lighting and the summer time Street Fest. Alexis has many responsibilities with both Shifting Mosaics and Northern Fire WoRx. Her job duties range from wildland firefighter and prescribed fire crew member to lead on range monitoring field projects and wildlife surveys. Alexis is admired, appreciated, and recognized for her commitment to safety, bringing kindness and humanity to all the meetings she attends and projects she is involved with as a lead and as a team mate.

There are very few professional registrants residing in Fort Nelson including Professional Agrologists, Registered Professional Foresters, and Registered Professional Biologists. These professionals are governed by the Professional Governance Act of BC. Registration demands professional practice of each discipline, a strict code of ethics, and upholding the best of the public's interest. For us at Shifting Mosaics and Northern Fire WoRx, this includes our commitment to our communities here in the Northern Rockies along with our dedication to steward the land and support all the inhabitants in the best ways we can. Beyond her professional work and dedication to delivering excellent service with kindness, cultural sensitivity, and intelligence, Alexis is an amazing human who is loved and cherished by all her friends and family here at Shifting Mosaics and Northern Fire WoRx! We are so proud of you, Alexis. Congratulations from all of us!  
Way to go Alexis Jorgensen MSc RPBio!!!!

-Submitted by Sonja Leverkus



### Celebrating Local Arts and Culture: A Spotlight Series

By Francine Freeman

The Northern Rockies Arts Council, with support from the BC Arts Council and Northern Development Initiative Trust, is launching a year-long Spotlight Series featuring 12 local artists and knowledge keepers. The project celebrates the region's creative culture while preserving community stories for future generations. Each spotlight includes articles, photography, video, and podcast interviews—all created by Fort Nelson residents. The series will highlight diverse disciplines such as photography, mural work, digital art, and Indigenous crafts, amplifying voices from Fort Nelson and Fort Nelson First Nation. Featured contributors include filmmaker Ryan Dickie, writer/designer Esme Stephens, podcast host Devin Bellerose, and project director Francine Freeman.



The first spotlight, featuring Indigenous artist Amber Lloyd, launches this March, with more stories to follow throughout the year at [www.northernrockiesartsCouncil.ca](http://www.northernrockiesartsCouncil.ca)

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