



King Charles III Coronation Medal Awarded to Bev Vandersteen



In small towns across our country there are individuals who consistently go above and beyond for their community. Often these individuals put in long hours without the expectation of reward or praise. They do this on a regular basis because they have deep love of the community and of the people that community represents. Today, we honoured one such individual. Today Bev Vandersteen was awarded the King Charles III coronation medal for her outstanding dedication to the Northern Rockies and in particular to the Chamber of Commerce that she has championed for years. Bev's tireless devotion to businesses in our community has consistently raised the profile of our organization, both locally and provincially.

On behalf of the Board of Directors and all the Members of the Fort Nelson and District Chamber of Commerce. Congratulations Bev on this well-earned and well deserved Prestigious Award.

Submitted by Gary Foster – Fort Nelson Chamber of Commerce President

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RPBio RPF PAg EP
Founder and Sr. Fire Lead

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Canada Day Festival
July 1, 2025

FREE!

Location: Recreation Center

Parade 11:00am
Floats meet at water treatment plant for lining up & judging at 10:15am

Festival 11:30am-2:30pm
BBQ Hot Dogs, Cake, Inflatables, Carnival Games, Face Painting & Glitter Tattoos, Snow Cones, Popcorn

Free Swim 12:30-3:30pm

Rotary Club of Fort Nelson

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MUSKWA MUSINGS WITH CASEY GAIRDNER

FORT NELSON! GET READY TO RIB-LAX AND CELEBRATE!



Our community truly shines when we come together, and that's because celebrations are the secret ingredient that makes Northern life so awesome. These events are where we connect, laugh, and make memories that stick like, well, BBQ sauce on your fingers!

Speaking of BBQ, get your taste buds ready because Fort Nelson Ribfest is back, and it's going to be EPIC! Mark your calendars for July 4th to July 6th at Art Fraser Park. That's three whole days of finger-licking, mouth-watering, award-winning ribs, pulled pork, and all the fixings you can imagine. We're talking serious BBQ bliss from top-notch "ribbers" who travel across Western Canada just for us.

But Ribfest is more than just amazing food. It's a full-blown party for everyone! Expect live entertainment that'll get your toes tapping, plus a pickle-eating showdown on Saturday, July 5th, at 3 p.m. It's the perfect excuse to gather your crew—family, friends, neighbours, and even that one co-worker you only see at the coffee machine—and soak up the good vibes.

To ensure everyone has a blast and stays safe, remember to:

- * Keep an eye on the weather and dress accordingly.
- * Hydrate like a hero with plenty of water.
- * Be aware of your surroundings, especially with crowds and little ones.
- * Designate a driver if you plan to enjoy adult beverages.
- * Listen up! Event organizers and emergency services are there to help.

Fort Nelson, let's show everyone how we celebrate! Whether you're a seasoned Ribfest veteran or a first-timer, this is your invitation to dive into the fun. Come hungry, leave happy, and help us make this Ribfest the best one yet! See you at Art Fraser Park, July 4th-6th!

Casey Gairdner "The Muskwa Muser" - Muskwamuser@gmail.com

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Dr. Sonja E. R. Leverkus PhD RPBio RPF PAg EP
Founder and Ecosystem Scientist

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WEEKLY EVENT CALENDAR

Alcoholics Anonymous - Mondays, Wednesdays & Saturdays - 8:00PM to 9:00PM
Mondays at the United Church - 5108 Sunset Drive,
Wednesdays & Saturdays at Hospice Centre 5312 43rd Street

Narcotics Anonymous - Fridays - 7:00PM - Fort Nelson Aboriginal Friendship Centre

Monday June 30th
Girls Night Ages 13 to 19 - 4:00PM to 6:00PM - Friendship Centre

Tuesday July 1st HAPPY CANADA DAY!
Parade - 11:00AM - 50th Ave N From the Water Treatment Plant to the Rec Centre
Festival - 11:30AM to 2:30PM - Rec Centre

Wednesday July 2nd
Rotary Meeting - 12:00PM - The One Restaurant
Tech Support for Seniors - 4:30PM to 5:30PM - City Furniture

Thursday July 3rd
The Park Social - 10:00AM to 11:30AM - Art Fraser Park
Fort Nelson Warrior's Hope Hub - 6:30PM - 5312 -43rd Street
Circle of care and support for cancer patients and families.

Friday, July 4th
RIBFEST - 11:00AM to 10:00PM - Art Fraser Park
Dinner and Games - 5:30PM to 7:00PM - Literacy Society

Saturday, July 5th
Fort Nelson Farmers Market - 9:00AM to 3:00PM - Elks Hall
RIBFEST - 11:00AM to 10:00PM - Art Fraser Park

Sunday, July 6th
RIBFEST - 11:00AM to 7:00PM - Art Fraser Park

LIFES TOO SHORT, HAVE A LAUGH

*I TRIED TO OPEN A MAPLE SYRUP FACTORY...
BUT IT TURNED INTO A STICKY SITUATION.*

*WHY DID THE CANADIAN CROSS THE ROAD?
TO SAY SORRY TO THE PERSON HE ALMOST
BUMPED INTO ON THE OTHER SIDE*

*WHAT DID THE BEAVER SAY TO THE MAPLE TREE?
"IT'S BEEN NICE GNAWING YOU!"*

*WHAT'S A CANADIAN'S FAVORITE GAME?
SORRY!*

*KID: "I'M COLD!"
DAD: "HI COLD, I'M FROM CANADA –
YOU'LL GET USED TO IT."*

*WHAT DO YOU CALL A CANADIAN DAD WHO
TELLS CHEESY JOKES ON CANADA DAY?
A "PUN-TRIOTIC" HERO.*

*WHY DON'T CANADIAN DADS EVER PANIC
DURING A SNOWSTORM?
BECAUSE THEY'VE "WEATHERED" WORSE...
IN JULY."*

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CANADA DAY JULY 1

As July 1st approaches, Canadians across the country are preparing to celebrate Canada Day—a time to come together, reflect on our shared history, and appreciate the values that make our country unique.

What Are We Celebrating?
Canada Day marks the anniversary of Confederation, which took place on July 1, 1867. On that historic day, the provinces of Ontario, Quebec, New Brunswick, and Nova Scotia came together to form the Dominion of Canada under the British North America Act (now known as the Constitution Act, 1867). Since then, Canada has grown into a proud, diverse, and welcoming nation of ten provinces and three territories.

From Dominion Day to Canada Day
Did you know? Canada Day was originally called Dominion Day until 1982, when the name was officially changed. That same year, Canada fully gained control of its Constitution, marking a new chapter in our national identity.

How Canadians Celebrate
From big cities to small towns, Canada Day is full of fun and festive traditions, including:
Fireworks shows
Parades and flag ceremonies
Free outdoor concerts
Citizenship ceremonies for new Canadians
Family BBQs, games, and community picnics
Tip: If you're near Ottawa, check out the Canada Day events on Parliament Hill, including live music and a fireworks finale!

A Moment for Reflection
While Canada Day is a time of celebration, it's also a chance to reflect on our history, including the challenges and injustices faced by Indigenous Peoples. In recent years, more Canadians are using this day to:
Acknowledge the truth of the past
Learn about reconciliation
Support Indigenous communities
Let's continue building a future based on respect, equity, and understanding.

What Does Canada Mean to You?
Canada Day is more than just red and white—it's about the people, cultures, and values that bring us together. Whether you're a newcomer or a lifelong citizen, July 1st is a time to celebrate our diversity, freedom, and unity.
Wishing you a joyful, safe, and meaningful Canada Day!

FORT NELSON CHARITY BED RACE MADE A TRIUMPHANT RETURN!

On June 22, 2025, the Fort Nelson Hospital & Healthcare Foundation brought back a beloved tradition - the Annual Charity Bed Race! First launched in 2006 to support the purchase of electric hospital beds, the event returned after a long hiatus since 2017 with a new and vital mission: raising funds for a CT Scanner for the Fort Nelson General Hospital.

The weather was perfect, and the street was filled with laughter and excitement as teams from across the community raced hospital beds in a spirited and fun-filled competition. Spectators cheered on the participants, who showed off creativity, teamwork, and speed in a race like no other. The Foundation extends heartfelt thanks to everyone who helped make this event a success. Special appreciation goes out to our amazing teams and supporters: All Fed Up, Boston Pizza, Co-op, Far North Mechanical, Fort Nelson Ambulance, Fort Nelson Chamber, Fort Nelson First Nation, Fort Nelson General Hospital, GlitterBug Buddies, Gold Fever, Half Cut Garage, Home Hardware, IG Wealth Management, IGA, Melissa Langstaff, Metalic Safety, Northern Rockies Regional Municipality, NRMAC, Pass the Peanut Butter Cartoons, Rotary Club of Fort Nelson, Save On Foods, Triple G, and Urban Systems. Thank you for bringing the fun, the energy, and the community spirit to life - all for a great cause!

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NRSS - MEALS ON WHEELS MENU \$10.00/MEAL

- Tuesday, July 1, 2025** - Sub Sandwich, Potato Salad, Tomato and Pickle Slices
- Thursday, July 3, 2025** - TBD

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Rotary Club of Fort Nelson

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Rec Centre

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northernrockies.ca/careers

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Lifeguard Instructor
Closes: July 8, 2025 at 4:30 p.m.
*For current career opportunities visit
www.northernrockies.ca/careers*

Bidding Opportunities
northernrockies.ca/bids

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Advisories, Notices & Hearings
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