Volume. 1 - Issue. 26

# **VOICES NORTH**



Local writer Kerissa Dickie and Whitehorse poet Peter Jickling pose in front of their event poster at the Phoenix Theatre on July 19. The two headlined the Voices North open mic, reading from their work to an engaged and welcoming audience. The evening also included performances by Parker Thompson, Ioana Lupu, Darren Dettieh, Seanah Mollica, and Dio Sands.









Call or email today to arrange a viewing and get an application!



bearbrook.gary@gmail.com



# specialists"

"Your industrial and

residential lease

# **BUSINESS HIGHLIGHT - ARGANNA BEAUTY & HEALTH**



Anna Rusanova, owner of ArgAnna Beauty & Health, has returned to Fort Nelson with a renewed passion and a familiar mission-to help everyone feel confident, comfortable, and beautiful in their own skin. Originally opened before 2021, ArgAnna Beauty & Health is back in 2025, bringing a full range of esthetic services that promote both inner and outer wellness.

At ArgAnna, the focus is on more than just beauty—it's about self-care, empowerment, and creating a space where clients can feel truly seen and cared for. Services include relaxing facials, expert brow shaping, rejuvenating body treatments, and advanced skincare solutions tailored to each client's unique needs. Whether you're visiting for a quick refresh or a full pampering session, every treatment is delivered with care, precision, and heart.

Anna's love for the beauty industry began early on. "Beauty has always been my comfort zone," she says. "It's where I feel most at peace and passionate." Her inspiration to turn that love into a business came from her husband, who continually encouraged her to pursue what made her happiest. "He believed in me and reminded me that I could make a difference doing what I love."

Though Anna moved away briefly in 2021, she returned in 2025 to reopen her business in a town that has always felt like home. "Fort Nelson is such a special place. The community here is full of warmth, generosity, and support—you don't find that just anywhere. I'm so happy to be back."

Anna's journey hasn't always been easy, but it's been guided by resilience, passion, and the encouragement of both family and the Fort Nelson community. "Every challenge has made me stronger. I've learned, grown, and stayed committed to my dream."

Now, with ArgAnna Beauty & Health open once again, Anna is excited for what the future holds. She invites the community to experience the care and confidence her services bring. "This is just the beginning," she says. "I'm so grateful—and I can't wait to see what's next."

# WHAT IS THE NORTHERN PULSE ALL ABOUT?

The Northern Pulse is more than just a newsletter-it's the heartbeat of our community.

When the local newspaper shut down, the town felt the loss. That closure left a real gap in communication—no more coverage of local events, milestones, or the everyday moments that connect us. In response, the Literacy Society launched The Northern Pulse—originally as a fundraising initiative to support our free programs. But it quickly became something more: a space where the community could stay informed, connected, and celebrated.

Today, The Northern Pulse is a collaborative effort. The Literacy Society handles putting it all together-printing, assembling, and distributing each edition-but it's up to the community to create the content. We're not reporters or journalists—we rely on you to share the stories that matter. Whether it's a shout-out to a local hero, a photo from an event, or a write-up about something happening in town, we need you to reach out and tell us what's going on. We can help shape the story from the information you provide.

Contributing non promotional content is always free, and we're happy to work with you to get your message out there.

# Want to support even more?

We offer advertising space for purchase each week, giving local businesses and organizations a way to get noticed while helping keep The Northern Pulse going strong.

# Who Pays for The Northern Pulse?

Our incredible local advertisers do. Their support covers production and printing costs, making it possible for this newsletter to stay free and accessible to all.

Thanks to your stories and their sponsorship, The Northern Pulse continues to growand so does our sense of community.

Let's keep the momentum going. Send us your stories, your photos, your news-because this newsletter belongs to all of us.

Email us at newsletter@fncls.com





\*Automotive Services You Can Count On\*

Address: 4440 50th Avenue North Fort Nelson, BC V0C 1R0

> **Hours:** Monday - Friday 8:00 AM - 5:00 PM

**Phone:** (250) 774-6804

- Furniture
  Mattresses
- Electronics Appliances

# Cell Phone From \$0 Down



-iPhone -Samsung Certified Used Cell Phone From \$99.99



EDUCATING THE NORTH



First Aid Kit Services

RIGGSSAFETY.CA

250 321 3267

2" X 2"

**ADVERTISING SPACES AVAILABLE** 

\$28.00/WEEK

Email: newsletter@fncls.com for more info

Got an Event? Let Us Help Spread the Word — For Free!

Send us your event name, time, and location, and we'll add it to our community calendar at no cost. Email the details to: newsletter@fncls.com

**Alcoholics Anonymous -** Mondays, Wednesdays & Saturdays - 8:00PM to 9:00PM Mondays at the United Church - 5108 Sunset Drive, Wednesdays & Saturdays at Hospice Centre 5312 43rd Street

Narcotics Anonymous - Fridays - 7:00PM - Fort Nelson Aboriginal Friendship Centre

### Monday July 28th

Park and Play Ages 0-5 with NR Child Development - 9:00AM to 11:00AM - Art Fraser Park Soup and Seniors Social - 11:30AM Soup, 12:30PM Social - Northern Lamplighters Hall Girls Night - 4:00PM to 6:00PM - Friendship Centre Grief Support Group - 6:30PM - Fort Nelson Hospice 5312 43rd Street

# Tuesday July 29th

Widows Dinner, Fort Nelson Hospice - Čall 250-775-1457 to RSVP or for more info.

#### Wednesday July 30th

Baby Playgroup Ages 0-2 - 9:00AM to 11:00AM - NR Child Development 5011 Airport Drive Canasta - 11:00AM - Northern Lamplighters Clubhouse Elders Social - 1:00PM to 4:00PM - Friendship Centre Tech Support for Seniors - 4:30PM to 5:30PM - City Furniture

> Thursday July 31st The Park Social- 10:00AM to 11:30AM - Art Fraser Park

> > Friday, August 1st

Saturday, August 2nd Fort Nelson Farmers Market - 9:00AM to 3:00PM - Elks Hall

Sunday August 3rd

NORTHERN ROCKIES REGIONAL MUNICIPALITY Opportunities & Notices

Career Opportunities

Job Posting No. 2025.19 **Recreation Operations Manager** Closes: Aug 18, 2025 at 4:30 p.m.

Job Posting No. 2025.18 Lifeguard Instructor II/III Closes: Jul 31, 2025 at 4:30 p.m.

**Regional Development Officer** Closes: Jul 31, 2025 at 4:30 p.m.

For current career opportunities visit www.northernrockies.ca/careers

Bidding Opportunities

Job Posting No. 2025.17

RFP-2025-18

Airport Lighting Rehabilitation -**Engineering Services** 

Closes: Jul 24, 2025 at 2:00 p.m. For current bidding opportunities visit

www.northernrockies.bidsandtenders.ca

Advisories, Notices & Hearings

Notice of Public Hearing **OCP/Zoning Amendment** Bylaws No. 236 & 237, 2025

When: 6:00 p.m., Mon. August 11th Where: Bear Pit, 5319 50<sup>th</sup> Ave S

For proposed "OCP Amendment (Highway Commercial to Urban Residential) Bylaw No. 236, 2025" and proposed "Zoning Amendment (4603 50 Ave S - C-2, C-3 to RMH) Bylaw No. 237, 2025".

NOTE: This advertisement contains the most current postings as of the newsletter publication date

# **BUSINESS HIGHLIGHT – THE GARDEN TABLE**

After more than a decade of living and raising a family in Fort Nelson, Alyssa Trobacher has launched The Garden Table, a home-based baking business offering fresh, homemade goods to the local community. "I've been baking for as long as I can remember," Alyssa says. "It started in my parents' kitchen with



Dutch recipes like boterkoek and oliebollen. No matter where life has taken me, I always come back to baking." Officially started in June, The Garden Table features fresh sourdough bread and chocolate chip cookies as staples, with a rotating menu of muffins, granola, and seasonal treats. Everything is made from scratch and baked fresh each morning.

Starting a home-based business was a natural fit for Alyssa, who values the close connections and slower pace of life in Fort Nelson.

"I love how familiar everything feels here," she says. "You wave to your neighbours, see people you know at the grocery store—it just feels right."

Although launching something new can be daunting, Alyssa says the support she's received from the community has been overwhelming.

"Friends, neighbours, even strangers have shown up for me, and I'm so thankful for that."

With roots in family traditions of service and small business, Alyssa brings care and dedication to every

Find The Garden Table on Facebook (@The Garden Table), order online at thegardentable.cococart.co, or call/text 604-832-7052.

# MEALS ON WHEELS MENU \$10.00/MEAL



Tuesday, July 29 - Baked Beans, Bologna,

Thursday, July 31 - Chicken Alfredo, Salad

\*Call to order **250-774-3193** the day prior\*

### Would you like your business to be featured in The Northern Pulse?

This is a great opportunity for free advertising while helping the community get to know you and the story behind your business.

If you're interested in being featured or would like more information, email us at newsletter@fncls.com.

"BEEM There, Done That"

Money tips, local insight, and advice from the credit union that gets it.

Saving on Back-to-School Shop early and stick to a list. Your bank account will thank you come fall.

Looking for budget help this school year? Let's chat. Call 1-877-787-0361 or visit BEEM Credit Union (formerly North Peace Savings) here in Fort Nelson.

# Make your rent more affordable

Rental Assistance Program

# **Great News for Residents in BC!**

BC Housing has just raised the income limit for rental assistance from \$40,000 to \$60,000 per year. This means many more families in our region may now qualify for monthly help through the Rental Assistance Program (RAP).

Think you might be eligible? Use BC Housing's easy online calculator to find out and apply today.

bchousing.org/housing-assistance/rentalassistance-programs/RAP

# **BUSINESS HIGHLIGHT –** HANDCRAFTED PIÑATAS BY ERIN



If you've been to the Fort Nelson Rec Centre, chances are you've seen Erin McGeewhether working behind the scenes or greeting familiar faces. But what many locals may not know is that Erin has a creative side that's taking shape in the form of colourful, handcrafted party

In her spare time, Erin has been designing and building unique piñatas

that are quickly becoming a hit at local parties. Each one is made by hand, ensuring that no two are exactly alike. Whether it's a classic birthday design, a themed shape, or a completely custom request, Erin pours care and imagination into every piece she creates. "These aren't something you can throw together in a night," Erin says. "Each piñata takes time, so I ask for at least a couple of weeks' notice if someone wants to place an order."

Customers can choose between empty piñatasready to be filled with their own treats—or, for an added fee, Erin will fill them with an assortment of kid-friendly goodies. The result? A personalized centerpiece that brings both excitement and charm to any celebration.

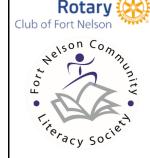
If you're looking to add something special to your next event, Erin's handcrafted piñatas might be just the thing.

To inquire or place an order, contact Erin at: eringmcgee@gmail.com.

Just be sure to reach out early—these fun, festive creations are in high demand!

"You only live once, but if you do it right, once is enough."

6



Please Email Fort **Nelson Community** Literacy Society to purchase ad space or share your event.

newsletter@fncls.com

FORT NELSON COMMUNITY LITERACY SOCIETY



**Q** 250-850-5616



admin@fncls.com

MONDAY, TUESDAY & THURSDAY 10:00AM - 3:00PM Whether you're looking to grow your computer skills, get comfortable

with your new phone, understand mail you've received, or need help filling out forms — we're here to help!

Our one-on-one support services are completely free. Contact us today to book your appointment!

THIS ADVERTISING SPACE IS AVAILABLE

\$56.00/WEEK

4.5" X 2"

EMAIL: NEWSLETTER@FNCLS.COM FOR MORE INFO