



The Northern Pulse

Northern Rockies Community Newsletter

Volume. 1 - Issue. 16

FREE!

MAY 2025
19

CONGRATULATIONS ON 35 YEARS!



Congratulations to Dave Sutherland – fondly known to many as Mr. Sutherland or simply “Sir” – on an incredible 35 years of teaching at Fort Nelson Secondary School! Mr. Sutherland was recently honoured for his remarkable dedication and service at the School District 81 Staff Appreciation Dinner on May 8, 2025. His decades of commitment, mentorship, and passion for education have left a lasting impact on countless students, colleagues, and the entire Fort Nelson school community. Thank you, Mr. Sutherland, for 35 inspiring years of shaping minds and building futures!



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Dr. Sonja E. R. Leverkus PhD
RPBio RPF PAg EP
Founder and Sr. Fire Lead

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FORT NELSON COMMUNITY LITERACY SOCIETY

MONDAY, TUESDAY & THURSDAY
10:00AM - 3:00PM

250-850-5616 admin@fncls.com

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Regional Council Newsletter Highlights

April 28th Meetings

- Asset Retirement Obligation Policy
- Report Impaired Drivers Signage Support Campaign 911
- Approval of UBCM Grant application for Public Notification and Evacuation Route Planning Funding Stream
- Recruitment & Retention, Education & Training Incentive Quarter 1 update

May 12th Meeting

- National Accessibility Week Proclaimed May 25-31, 2025
- Approval of Development Permit Application Sea Can Storage
- Approval of NDI Grant application for Tourism Marketing
- Five-Year Financial Plan Bylaw No. 234, 2025 Adopted
- Tax Rates Bylaw No. 235, 2025 Adopted
- Approval of Letter of Support for Garcia & Sons
- Letters - Non-Profit funding, NDI grant, Phoenix EOI and BC Hydro concerns.



From the
Bear Pit



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Website - northernrockies.ca

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Council Meetings - nr.civicweb.net/portal

Facebook - facebook.com/NorthernRockiesRM

Community Calendar - calendar.northernrockies.ca

Looking for something else?

Check out our weekly ad on the back right hand side of this newsletter!

MUSKWA MUSINGS WITH CASEY GAIRDNER

Embrace the Season of Support with Better at Home!

As the energy of spring unfolds, so too does a wonderful chance to make a tangible difference in the lives of our cherished senior community right here at home! Imagine the peace of mind that comes with knowing essential everyday tasks are taken care of. Better at Home offers a diverse array of vital non-medical support services, thoughtfully designed to lighten the load. This includes the convenience of grocery and prescription deliveries right to their door, a helping hand with light housekeeping and keeping their outdoor spaces tidy, and perhaps most importantly, the invaluable gift of friendly companionship. While the availability and scope of these services are made possible through the generous contributions of dedicated volunteers and skilled staff, the impact they have on the lives of our seniors is immeasurable. These acts of kindness provide crucial assistance to those who need it most, helping to bring a sense of security and well-being.

What's even better? These essential services are offered at a nominal, subsidized fee, ensuring they remain accessible to individuals across a wide range of financial circumstances. This commitment to affordability underscores the program's dedication to inclusivity and community support. Whether you or a loved one could benefit from the caring support offered by Better at Home, or if you're seeking a meaningful way to give back to our community by sharing your time or talents as a volunteer, we warmly encourage you to reach out!

Connect with Saber Roscoe at betterathomefortnelson@gmail.com or give a call at 250-775-0605. Feel free to also visit the welcoming Lamplighters building (conveniently located across from the rec centre) **Monday through Friday between 9 am and 5 pm** and they can help lead you in the right direction. Let's come together and extend a helping hand, ensuring our seniors continue to thrive in the comfort and familiarity of home!

Wishing you a wonderful week ahead.

Casey Gairdner “The Muskwa Muser” - Muskwamuser@gmail.com



ECOLOGICAL CONSULTING COMPANY

Dr. Sonja E. R. Leverkus PhD RPBio RPF PAg EP
Founder and Ecosystem Scientist

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WILLIAM JENSEN

August 14, 1950 - March 14, 2025



Funeral service for William Jensen will be held on May 24th, 2025.

The procession will start at the Fort Cafe at 12:30pm and end at the cemetery with lunch to follow at the Friendship Centre. The family invites all who knew Will to join them in remembrance of his remarkable life.

WEEKLY EVENT CALENDAR

Send us your events to newsletter@fncls.com and we will add it to our weekly calendar for **FREE!**

Alcoholics Anonymous - Mondays, Wednesdays & Saturdays - 8:00PM to 9:00PM
Mondays at the United Church - 5108 Sunset Drive,
Wednesdays & Saturdays at Hospice Centre 5312 43rd Street

Monday May 19th

Victoria Day - Stat Holiday

Soup & Seniors Social - 11:30am Soup , 12:30 Social - Northern Lamplighters Hall

Tuesday May 20th

Family Bad Art - 4:00 to 5:00 PM - Registration required - Fort Nelson Public Library
Soup, Bannock & Dessert \$6.00 - CANCELLED FOR THIS WEEK
TV Bingo (NWTEL Channel 208) - Games Start At 7:00PM - Concession Open For Players In The Hall, Card Sales At Fort Nelson Aboriginal Friendship Center From 9:00AM to 6:30PM

Wednesday May 21st

Canasta - 11:00AM - Northern Lamplighters Clubhouse
Rotary Meeting - 12:00PM - The One Restaurant
Elders Social - 1:00PM to 4:00PM -Fort Nelson Aboriginal Friendship Centre
Tech Support for Seniors - 4:30PM to 5:30PM - City Furniture

Thursday May 22nd

The Track Social - 10:00AM - Rec Centre Walking Track - Call 250-774-2541 ext.1 for more info.
Knitting and Crafts - 3:00PM - Northern Lamplighters Clubhouse
Themed Storytime - 4:00 to 4:45 PM - Registration required - Fort Nelson Public Library
Hike for Hospice- 5:30PM- Meet at 5312 43rd St.

Friday, May 23rd

Fun and Games - 1:30PM - Northern Lamplighters Clubhouse
Narcotics Anonymous - 7:00PM - Fort Nelson Aboriginal Friendship Centre

Saturday, May 24th

Canasta - 11:00AM - Northern Lamplighters Clubhouse

Sunday, May 25th

Potluck - 5:00PM - Northern Lamplighters Hall

NORTHERN ROCKIES REGIONAL MUNICIPALITY

 Opportunities & Notices

Career Opportunities

northernrockies.ca/careers

Job Posting No. 2025.12

Rec Program Leaders & Assistant

Closes: May 22, 2025 at 4:30 p.m.

Job Posting No. 2025.10

Rec Program Leaders

Canada Summer Jobs

Closes: May 22, 2025 at 4:30 p.m.

Bidding Opportunities

northernrockies.ca/bids

RFQ-2025-15

Winter Sand Salt Mixing

Closes: May 29, 2025 at 2:00 p.m.

RFQ-2025-14

Winter Sand Supply

Closes: May 29, 2025 at 2:00 p.m.

For current bidding opportunities visit www.northernrockies.bidsandtenders.ca

Advisories, Notices & Hearings

northernrockies.ca/notices

Property Tax Notices Are Here!

Stay Ahead:

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- Vendors: Enroll in EFT
- Customers: Access e-Services

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NOTE: This advertisement contains the most current postings as of the newsletter publication date.
Visit www.NorthernRockies.ca



THE NORTHERN PULSE



Fort Nelson

GRAD 2025

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DEADLINE TO BOOK ADS: MAY 23RD, 2025

Accelerate North Athletics

Competes at Sub Zero



Fort Nelson has a competitive Track and Field Club called "Accelerate North Athletics". On May 3rd/4th the team competed in Prince George at the Sub Zero Meet. There were 14 athletes and 2 competing coaches who took part in the meet. They competed in events like: Sprints, Hurdles, Long Distance, Long Jump, High Jump, Triple Jump, Pole Vault, Speed Walk, Discus, Javelin and Shot Put. Out of 24 teams, Accelerate North Athletics placed 4th! We have some really talented athletes in Fort Nelson who have trained hard for this competition and should be very proud.

If you would like more information about this club you can contact them at contact@acceleratenorthathletics.ca

CORRECTION NOTICE

In the article published in Vol. 1, Issue 15 (May 12, 2025), titled "May is Speech and Hearing Month – Let's Raise Awareness Together," the contact phone number for Gabrielle Johnston was incorrectly listed as 250-774-2592.

The correct phone number is 250-774-2591. We apologize for the error and any inconvenience this may have caused.



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