



ARGANNA BEAUTY & HEALTH RETURNS TO FORT NELSON



ArgAnna Beauty & Health has reopened in Fort Nelson after a four-year hiatus. The spa originally closed in 2021 when owner Anna Rusanova relocated with her family, leaving behind a loyal client base and a strong community presence. Now, in July 2025, ArgAnna returns with the same dedication to beauty, wellness, and personalized care that made it a local favorite. The spa is reopening with renewed energy and a commitment to providing high-quality services in a welcoming, professional environment.

Joining the team are new staff members Fadwa Mrabeti and Majda Chabane, who bring fresh expertise and enthusiasm to the business as it enters this new chapter.

ArgAnna Beauty & Health is now accepting appointments.

IGRA Hometown Proud

PRICES EFFECTIVE July 17 - 23

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- Fire Mapping
- Fire Rehabilitation
- Training
- Contract Crews
- Forest Services

Ryan Kerr Senior Santa Project Organizational Meeting

Tuesday, July 22nd at 5:00 P.M.
Fort Nelson Public Library Meeting Room

Can't make the meeting?
Call Debbie @ 250-321-3321

LOOK FOR THE ARTICLE IN
NEXT WEEK'S NEWSLETTER



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VOICES NORTH EVENT AT THE PHOENIX THEATRE



VOICES NORTH

A coffee house open
mic night with Yukon
poet Peter Jickling
and local writer
Kerissa Dickie



**FRI
JUL 18
6PM**

Share your words
and music! Open
to local writers
and musicians.



**@ THE PHOENIX
THEATRE**

Fort Nelson, BC



About the Authors

WHITEHORSE, YT – On July 17, 2025 Whitehorse-based poet Peter Jickling begins a three-date Peace Region poetry-reading tour. On July 17, he will perform at the Fort St. John Public Library with Fort St. John-based poet Norma Rae, on July 18, he will read his poetry at the Phoenix Theatre in Fort Nelson with Fort Nelson-based writer Kerissa Dickie, and on July 19, he will read at the Dawson Creek Art Gallery with Governor General Award-nominated poet Donna Kane.

The tour, which Jickling dubs the Alaska Highway Poetry Crawl, is designed to build connections and foster a collective writing community in Northwestern Canada. The events in Fort Nelson and Dawson Creek will also feature an open mic, where writers in the community can perform their work.

"I'm excited to read my poems in other Northern towns and meet members of the local literary scene," says Jickling. "I think it's important for writers from isolated communities to support and create opportunities for each other. Hopefully this tour is a step in that direction."

Jickling's first poetry collection, *Downtown Flirt*, was published by Guernica Editions in 2019. He teaches English at Yukon University.

For more information or to schedule an interview, please contact Jickling at (867) 335-4864 or prjickling@gmail.com.

MUSKWA MUSINGS WITH CASEY GAIRDNER

THE CHALO GREENHOUSE: CULTIVATING INNOVATION AND COMMUNITY GROWTH

The Chalo Greenhouse project is demonstrating the powerful synergy of innovation and collaboration, proving that when ideas and innovations come together, remarkable growth can occur.

This vibrant initiative, a joint effort between the Fort Nelson First Nation, Tu-De-Kah Limited Partnership, James and Francine Wedrat, and the dedicated students of Chalo School, is at the forefront of vertical small scale gardening, an ingenious method for maximizing yields within confined areas.

Vertical gardening ingeniously redefines traditional agriculture by cultivating plants upwards rather than outwards. This not only conserves valuable space but also enhances air circulation, mitigates pests and diseases, and simplifies routine tasks such as watering and harvesting.

However, the true essence of the Chalo Greenhouse lies in its profound student involvement. From the initial stages of construction, including hammering nails and planting seeds, to the intricate design of the irrigation system, Chalo School students with the help of some fantastic mentors have spearheaded every aspect of the project. Their direct, hands-on participation is fostering more than just bountiful harvests, it's cultivating knowledge, building confidence, and forging a strong link to vital principles of food security and sustainability.

This endeavor transcends the mere cultivation of produce. It's about nurturing a future where young people are empowered, where students and adults alike actively support one another, and where innovative solutions thrive even in the most modest of spaces. The Chalo Greenhouse proudly stands as a testament to the incredible achievements possible when we invest in our land, our youth, and our collective future, one row at a time.

Until next week.

Casey Gairdner "The Muskwa Muser" - Muskwamuser@gmail.com



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Annual General Meeting

NORTHERN ROCKIES ARTS COUNCIL

Saturday July 26 @ 3:30PM

The Learning Centre

Call For More Info 250 850 5616

LAST WEEK TO ORDER YOUR COPY OF THE NORTHERN PULSE 2025 GRAD KEEPSAKE MAGAZINE

SCAN THE QR CODE OR VISIT OUR WEBSITE

WWW.FNCLS.COM

LAST CHANCE

LIVE ON STAGE

DISTORTED RECOLLECTION

JULY 19 @ 3:00 P.M.

Boston Pizza - Outdoor Venue

Cover Charge By Donation

FUNDRAISER FOR BO RADFORD

Let's come together to support Bo and his family !!

THERE WILL BE GAMES, RAFFLES & MINORS ARE WELCOME

FOOD AND DRINKS AVAILABLE BY PURCHASE

Fort Nelson Community Literacy Society

Donate Your Used Winter Gear!

Are you sorting through your winter gear?

We are looking for used winter items to give out for **FREE!**

Drop Off Your Donations At: Fort Nelson Community Literacy Society
4903 51 Ave W #17
Monday, Tuesday & Thursday
10:00AM to 3:00PM

Children and Adults

- Boots
- Gloves
- Hats
- Coats
- Scarves
- Warm Socks

250 850 5616

admin@fncls.com

WEEKLY EVENT CALENDAR

Got an Event? Let Us Help Spread the Word – For Free!

Send us your event name, time, and location, and we'll add it to our community calendar at no cost.

Email the details to: newsletter@fncls.com

Alcoholics Anonymous - Mondays, Wednesdays & Saturdays - 8:00PM to 9:00PM
Mondays at the United Church - 5108 Sunset Drive,
Wednesdays & Saturdays at Hospice Centre 5312 43rd Street

Narcotics Anonymous - Fridays - 7:00PM - Fort Nelson Aboriginal Friendship Centre

Monday July 14th

Park and Play Ages 0-5 with NR Child Development - 9:00AM to 11:00AM - Art Fraser Park

Soup and Seniors Social - 11:30am Soup, 12:30 Social - Northern Lamplighters Hall

Women of Wellness (Mommy & Me - Bring Your Kids) - 5:00PM to 7:00PM - Friendship Centre

Grief Support Group - 6:30PM - Fort Nelson Hospice 5312 43rd Street

Tuesday July 15th

Nordic Walking - 1:00PM - Northern Lamplighters Hall

Wednesday July 16th

Baby Playgroup Ages 0-2 - 9:00AM to 11:00AM - NR Child Development 5011 Airport Drive

Canasta - 11:00AM - Northern Lamplighters Clubhouse

Elders Social - 1:00PM to 4:00PM - Friendship Centre

Rotary Meeting - 12:00PM - The One Restaurant

Tech Support for Seniors - 4:30PM to 5:30PM - City Furniture

Korean Potluck - 5:30PM to 7:00PM - Literacy Society - Email leah@fncls.com for more info

Thursday July 17th

The Park Social- 10:00AM to 11:30AM - Art Fraser Park

Friday, July 18th

Community Walk with NR Child Development - 9:30AM to 11:00AM - 5011 Airport Drive

Fun & Games - 1:30PM - Northern Lamplighters Clubhouse

Voices North "Open Mic Night" - 6:00PM - Phoenix Theatre

Saturday, July 19th

Fort Nelson Farmers Market - 9:00AM to 3:00PM - Elks Hall

Canasta - 11:00AM - Northern Lamplighters Clubhouse

Seniors Social "Greek Dinner" - 5:00PM - Lamplighters Hall - Reservations are required 250 774 3232

Sunday, July 20th

BEEM CREDIT UNION

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Money tips, local insight, and advice from the credit union that gets it.

Business Boost: Manage Cash Flow

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BEEM supports local business! Ask how we can help you grow.

Call 1-877-787-0361 or visit [BEEM Credit Union](https://www.beemcreditunion.com) (formerly North Peace Savings) here in Fort Nelson.

HOMELESSNESS ACTION PROJECT LAUNCHES IN F.N.

The Fort Nelson Community Literacy Society is now overseeing the Homelessness Action Project, a community-based initiative aimed at raising awareness about homelessness and supporting those experiencing or at risk of precarious housing. This project is designed to reduce stigma, improve access to resources, and strengthen partnerships within our region.

Over the coming months, the project team will develop two key tools:

- A social and print media campaign to educate about the realities of homelessness
- Homelessness Community Resource Package, a toolkit that includes educational materials, local resource directories, and assessment tools. This toolkit will be designed to support individuals and can be accessible for use independently or with support.

We are funded by SPARC BC (Social Planning and Research Council of BC). We held our first community meeting in June, bringing together local organizations and voices to help shape the direction of this work. A second gathering is planned for fall. We hope to see you there!

How You Can Help:

- Share Your Voice. If you are a service provider, share any insights and experiences related to homelessness.
- Volunteer or Partner. We are always looking for passionate community members to support outreach and educational efforts.
- Spread Awareness. Share our upcoming materials and social media posts with your networks to help inform and encourage our community.

For more information or to get involved, please get in touch with our program coordinator at aubrey@fncls.com.

NRSS - MEALS ON WHEELS MENU \$10.00/MEAL

- Tuesday, July 15** - Mac and Cheese, Green Salad & Garlic Bread
- Thursday, July 17** - Cold Plate, Potato Salad & Macaroni Salad

To purchase gift cards or to be added to the list call 250-774-3193 the day prior

NORTHERN ROCKIES REGIONAL MUNICIPALITY

Opportunities & Notices

Career Opportunities

northernrockies.ca/careers

Job Posting No. 2025.18
Lifeguard Instructor II/III
Closes: July 31, 2025 at 4:30 p.m.

Job Posting No. 2025.17
Regional Development Officer
Closes: July 31, 2025 at 4:30 p.m.

For current career opportunities visit www.northernrockies.ca/careers

Bidding Opportunities

northernrockies.ca/bids

For current bidding opportunities visit www.northernrockies.bidsandtenders.ca

Advisories, Notices & Hearings

northernrockies.ca/notices

STOREFRONT IMPROVEMENT

Apply by July 31st for the Business Façade Improvement Program!

If you own a business in the Core Commercial Area and want to update your storefront, submit your application soon.

For details and guidelines, visit: northernrockies.ca/BFIP

Questions? Call 250.774.2541 ext. 240 or email CDPadmin@northernrockies.ca

NOTE: This advertisement contains the most current postings as of the newsletter publication date.

Visit www.NorthernRockies.ca

NORTH PAW ANIMAL RESCUE

Adopt Winnie

Name: Winnie
Age: Approx 1 year
Colour: Orange & White
Sex: Male
Fixed: Yes
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[ADOPT ME]

NORTH PAW ANIMAL RESCUE

Adopt Bear

Name: Bear
Age: Approx 9 years old
Colour: Black
Sex: Male
Neutered: Yes
250.233.2311

Interested in me? Scan the QR code to fill out an application!

Rotary Club of Fort Nelson

Fort Nelson Community Literacy Society

Please Email Fort Nelson Community Literacy Society to purchase ad space or share your event.

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