# The Northern Pulse

Northern Rockies Community Newsletter

Volume. 1 - Issue. 11

## NORTHERN ROCKIES TOURISM & EVENTS SOCIETY PRESENTS CONWAY KOOTENAY



Thank you to everyone involved in organizing such a "deadly" night out on April 4, 2025! There was no shortage of laughs, great conversations, and even some memorable moose calls. A big thank you to Conway Kootenay for coming to our small town and delivering an unforgettable performance that entertained us all. Your energy and talent truly made the evening unforgettable.

A special thanks to the sponsors as well for making it all possible!



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Dr. Sonja E. R. Leverkus PhD RPBio RPF PAg EP

Founder and Sr. Fire Lead

Phone:

(250) 321.FIRE / (250) 321.3473 (250) 321.BURN / (250) 321.2876 **Email:** info@northernfireworx.com

Website: https://northernfireworx.com

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Hillcrest United Church - Spring Bonnet Tea

Saturday April 26, 1:00PM to 3:00PM

#### Expert mortgage advice



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#### COMMUNITY PANCAKE BREAKFAST

SATURDAY, APRIL  $19^{\text{TH}}$  9:30AM - 11:30 AM REC CENTRE COMMUNITY HALL

PANCAKES, SAUSAGE, EGGS & FRUIT,
COLOURING CONTEST & MORE!









\$12.00/Person Children Are Free Wheelchair Accessible

Best Hat Contest

### LIVE ART SHOWDOWN HITS FORT NELSON:



Get ready for an unforgettable evening of creativity, competition, and community connection! The Northern Rockies Arts Council is proud to present the very first Art Battle on Saturday, April 26th, from 5:30 to 7:30 PM at the Phoenix Theatre. This exciting live art event will showcase four talented local artists—Kerissa Dickie, Sean Faherty, Francine Freeman, and Dawn Gullackson—competing head-to-head in real time. From bold brushstrokes to hands-on clay work, expect an engaging mix of live painting and pottery, created right before your eyes!

Art Battle isn't just a fun night out—it's a crucial fundraiser to help keep the Northern Rockies Arts Council alive and active. Each artist's finished piece will be auctioned off at the end of the event, with 100% of proceeds supporting future arts programming, workshops, and cultural events in our region.

The event will also feature raffles with beautiful works from local artists and unique items from local businesses. Plus, enjoy pizza and concessions, and catch the iconic Fort Nelson feature film "9B" on the big screen during the festivities.

Mark your calendars and come out to cheer on your favourite artists while supporting arts and culture in our community.

#### **MUSKWA MUSINGS WITH CASEY GAIRDNER**

#### Decoding the Blue Jay's Call:

Hey neighbours! This dazzling sunshine has our electric blue jays in full song, their distinctive calls screaming through the forest. But beyond the sheer delight of a northern spring, could these striking birds be offering us something deeper, a touch of ancient knowing carried on their vibrant wings?



Across many cultures, the blue jay is steeped in symbolic meaning. That assertive "jay-jay" you hear? It often resonates as a powerful call to express your authentic self with conviction and clarity. Perhaps it's the perfect nudge to finally speak your mind. These remarkably intelligent creatures are also masters of adaptability, a reminder of the importance of resourcefulness and strategic thinking as we navigate the unpredictable currents of life. Observe their clever foraging, a lesson in making the most of what surrounds us. Notice their close-knit family units? Their unwavering loyalty underscores the profound value of community and steadfast support for those we care for. Intriguingly, their brilliant blue and crisp white plumage is sometimes interpreted as a visual representation of harmony between our earthly and spiritual journeys, gently guiding us toward our own inner equilibrium.

While their beauty and boldness are captivating, the blue jay can also hint at a playful trickster energy, a subtle reminder to exercise discernment and trust the quiet wisdom of our intuition. Pay close attention to the nuances, and always stay anchored to your

own truth. So, as you bask in this glorious warmth and light, truly listen to the voices of the blue jays. Their calls might just carry echoes of timeless wisdom on the breeze, encouraging us to embrace boldness, cultivate adaptability, treasure loyalty, and nurture mindful awareness. Until next week!



Submitted by Casey Gairdner - "The Muskwa Muser." Muskwamuser@gmail.com

# SHIFTING MOSAICS CONSULTING CONSULTING COnsulting ECOLOGICAL CONSULTING COMPANY Dr. Sonja E. R. Leverkus PhD RPBio RPF PAg EP Founder and Ecosystem Scientist Phone: 250-321-7069 Email: info@shiftingmosaics.com Website: https://shiftingmosaics.com "Conserving biodiversity from the past, in the present, for the future."



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**Hours:** Monday - Friday 8:00 AM - 5:00 PM

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#### EVENT CALENDAR

Friday April 4 to Thursday April 17, 2025 - MOVIE "A Minecraft Movie" -7:00PM & 2:00PM Matinee on Saturday - Phoenix Theatre

Monday April 14th, 2025 - *Women of Wellness* - 5:00PM to 7:00PM Fort Nelson Aboriginal Friendship Center - 5012 49th Ave Call 250-774-2993 ext. 1003 for more information

Monday April 14, 2025 - Alcoholics Anonymous - 8:00PM to 9:00PM Mondays at the United Church - 5108 Sunset Drive

Tuesday April 15, 2025 - Soup, Bannock & Dessert \$6.00 - 12:00PM to 1:00PM Fort Nelson Aboriginal Friendship Centre

Wednesday April 16, 2025 - *Tech Support for Seniors* - 4:30PM to 5:30PM - City Furniture For Seniors Needing Help to Figure Out Their Settings or Features on Smartphones

Wednesday April 16, 2025 - *Alcoholics Anonymous* - 8:00PM to 9:00PM Wednesdays & Saturdays at the Hospice Centre 5312 43rd Street

Thursday April 17, 2025 - The Track Social - 10:00 AM NRRM Rec Centre Walking Track - Call 250-774-2541 ext.1 for more info.

Thursday April 17, 2025 - *Maundy Thursday Seder Supper* - 5:30PM Must Pre-Register With Margaret-Anne Hall - Call 250 500 2742 Hillcrest united Church

Friday April 18, 2025 - *Good Friday Walk The Cross* - 11:00AM Starts At The Catholic Church

Friday April 18, 2025 - Good Friday Church Service - 4:00PM - Hill Crest United Church

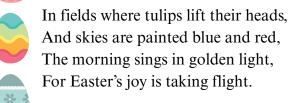
Friday April 18, 2025 - Narcotics Anonymous - 7:00PM Fort Nelson Aboriginal Friendship Centre

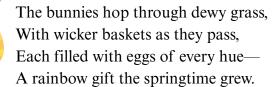
Saturday April 19, 2025 - *Alcoholics Anonymous* - 8:00PM to 9:00PM Wednesdays & Saturdays at the Hospice Centre 5312 43rd Street

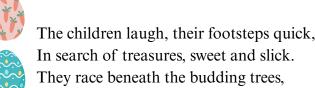
Saturday April 19, 2025 - *Pancake Breakfast* - 9:30AM to 11:30AM Hosted By Rotary Club of Fort Nelson - Rec Centre Community Hall Entry By Donation

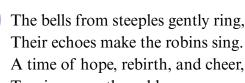
Sunday April 20, 2025 - *Easter Sunday with Hillcrest Church* 8:00 AM - Sunrise Service at Cemetary, 8:45AM - Potluck Breakfast at Hillcrest Church, 10:00AM Daffodil Service at Hillcrest Church

#### "Whispers of Easter"

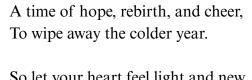








With sunshine dancing on the breeze.



So let your heart feel light and new, Like morning wrapped in petals' dew. For Easter comes with love so wide— A promise never to subside.



NORTHERN ROCKIES REGIONAL MUNICIPALITY Opportunities & Notices

Career Opportunities

#### Canada Summer Jobs

Job Posting No. 2025.09\* **Corporate Services Assistant** 

Job Posting No. 2025.08\* Labourer - Airport

Job Posting No. 2025.07\* Labourers - Public Works

\*Closes: Apr 22, 2025 at 4:30 p.m.

Bidding Opportunities

For current bidding opportunities visit

northernrockies.ca/bid

www.northernrockies.bidsandtenders.co

Advisories, Notices & Hearings

#### 2025 BUDGET

Review the preliminary budget at northernrockies.ca/budget

Find the Public Survey at northernrockies.ca/budgetsurvey

visit the Farmer's Market on April 12 & 19 Saturdays

Feedback? email: admin@northernrockies.ca

NOTE: This advertisement contains the most current postings as of the newsletter publication date.



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#### **CRIME STOPPERS**

You can anonymously report a crime or leave an anonymous tip about a crime by calling Crime Stoppers.

Crime Stoppers assists in reporting and preventing crime by involving the general public. They accept tips and information without asking you to give your name, make a statement or appear in court. All you will need to do is tell what you know about the crime.

Call the tip line at 1-800-222-TIPS (8477) from anywhere in British Columbia. The call is free of charge and available 24 hours a day. Crime tips are accepted in 115 different languages.



#### NRSS - MEALS ON WHEELS MENU - \$10.00/MEAL

- Tuesday, April 15, 2025 Ham, Potato Hash, Veggies, Fruit & Dessert
- Thursday, April 17, 2025 Meatloaf, Mash Potatoes w/ Gravy, Fruit & Dessert
- \*To purchase gift cards or to be added to the list call 250-774-3193 the day prior\*









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Please Email Fort **Nelson Community** Literacy Society to purchase ad space or share your event.

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