



BC CANCER SCREENING AND PREVENTION



BC Cancer mobile mammography coach is coming to Fort Nelson!
Most women, and many Two-Spirit, trans and nonbinary people ages
40+ can book a free mammogram while we're in town.
August 12 - 15, 2025, Lakeview Inns & Suites, 4507 50th Ave. S.

Call **1-800-663-9203** to book an appointment.

IGRA Hometown Proud

PRICES EFFECTIVE Aug 14 - 20

Locally OWNED & OPERATED BY PROUD CANADIANS

Seniors Save 10% Every Thursday!

100 PTS when you buy 2

299 LAY's Potato Chips 220-235 g

499 /lb Pork Side Ribs Centre Portion Removed 11.00/kg

2/\$3 Bulk Avocados

Hours: 7 Days a Week 7:00 am - 9:00 pm
Phone: 250-774-2791
Address: 4823 50th Ave South

List of Services

- Prescribed Fire
- Ignitions
- Fire Suppression
- Fuel Treatment
- Fire Guard Planning
- FireSmart Assessments
- Danger Tree Services
- Fire Mapping
- Fire Rehabilitation
- Training
- Contract Crews
- Forest Services

Northern Fire WoRx

NFWRx

Dr. Sonja E. R. Leverkus PhD
RPBio RPF PAg EP
Founder and Sr. Fire Lead

Phone:
(250) 321.FIRE / (250) 321.3473
(250) 321.BURN / (250) 321.2876
Email: info@northernfireworx.com
Website: https://northernfireworx.com

CENTURY 21 Energy Realty

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Cathleen Soucie
REALTOR®
250.321.0777
cathleensoucie@gmail.com

SCAN FOR LISTINGS

HAPPY BIRTHDAY, MS. MAH

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Call or email today to arrange a viewing and get an application!

250 775 0070
bearbrook.gary@gmail.com

BEARBROOK

"Your industrial and residential lease specialists"

FORT NELSON FIRST NATION EVENT SCHEDULE

Annual Gathering

AUGUST 15, 16 & 17, 2025
5001 Dene Etene Road

scan me

JENNIE & CAMMIE STRIP IT OFF ONE INCH AT A TIME

Head Shaving Fundraiser for Warrior Cancer Care Bags!

When:
Jennies 74th Birthday!!
Tuesday August 12th
11:30am-4:30pm

Where:
[Landmark Plaza Parking lot]

Join us for an unforgettable afternoon of fun, food, and fundraising!

Get Ready They Are Going Bald For A Cause!

We're hosting a head-shaving fundraiser to support our Warrior Cancer Care Bags initiative!

Hourly Free Draws, Food by Donation.

Donate to have
Jennie Mah & Cammie West
Shave their Head, one strip at a time to raise funds, and Show their Support!

Every dollar raised will help us provide comfort, care, and hope to local cancer warriors through our Care Bags. Come out, show your support, and help us make a difference! Let's come together to support our cancer warriors

SHIFTING MOSAICS CONSULTING

ECOLOGICAL CONSULTING COMPANY

Dr. Sonja E. R. Leverkus PhD RPBio RPF PAg EP
Founder and Ecosystem Scientist

Phone: 250-321-7069
Email: info@shiftingmosaics.com
Website: https://shiftingmosaics.com

"Conserving biodiversity from the past,
in the present,
for the future."

DALEX AUTO SERVICES LTD

Automotive Services You Can Count On

Address: 4440 50th Avenue North
Fort Nelson, BC V0C 1R0

Hours: Monday - Friday
8:00 AM - 5:00 PM

Phone: (250) 774-6804

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MUST BE *McCafé*

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Certified Used Cell Phone From \$99.99

EDUCATING THE NORTH

First Aid Kit Services

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Fort Nelson's Local
Financial Experts

Investments | Retirement Planning
Tax Strategies | Life Insurance

Visit www.nrpwb.ca or Call 250-321-9373!

WEEKLY EVENT CALENDAR

Got an Event? Let Us Help Spread the Word – For Free!
Send us your event name, time, and location, and we'll add it to our community calendar at no cost.
Email the details to: newsletter@fncls.com

Alcoholics Anonymous - Mondays, Wednesdays & Saturdays - 8:00PM to 9:00PM
Mondays at the United Church - 5108 Sunset Drive,
Wednesdays & Saturdays at Hospice Centre 5312 43rd Street

Narcotics Anonymous - Fridays - 7:00PM - Fort Nelson Aboriginal Friendship Centre

NRRM Recreation Centre Summer Swim Schedule
Family Swim - Monday to Sunday- 9:00AM to 1:00PM
Public Swim - Monday to Sunday - 1:00PM to 4:00PM
Evening Swim - Monday to Friday - 4:00PM to 8:00PM

Phoenix Theatre
Bad Guys 2 - August 1 to 14 - 7:00PM - August 2 Matinee 2:00PM
NO SHOWS on August 4th, Tuesdays or Wednesdays

Monday August 11th
Soup & Seniors Social - 11:30AM Soup, 12:30PM - Lamplighters Hall
Grief Support Group - 6:30PM - Fort Nelson Hospice 5312 43rd Street

Tuesday August 12th

Wednesday August 13th
Baby Playgroup Ages 0-2 - 9:00AM to 11:00AM - NR Child Development 5011 Airport Drive
Canasta - 11:00AM - Northern Lamplighters Clubhouse
Tech Support for Seniors - 4:30PM to 5:30PM - City Furniture
African Potluck - Literacy Society - 5:30PM

Thursday August 14th
The Park Social - 10:00AM to 11:30AM - Art Fraser Park

Friday, August 15th
FNFN Annual Gathering - Scan QR Code on the front page to see the full schedule
Fun & Games - 1:30PM - Northern Lamplighters Clubhouse

Saturday, August 16th
FNFN Annual Gathering - Scan QR Code on the front page to see the full schedule
Fort Nelson Farmers Market - 9:00AM to 3:00PM - Elks Hall
Northern Explorer's Offroad Association 17th Annual Mudbogs - 10:00AM - NEOA Pit Just passed Klahanni Park
Canasta - 11:00AM - Northern Lamplighters Clubhouse
Free Seniors Social Meal - 12:00PM - Northern Lamplighters Hall - Reservations are required 250 774 3232

Sunday, August 17th
FNFN Annual Gathering - Scan QR Code on the front page to see the full schedule
Sidewalk Chalk Extravaganza- 8:00AM to 6:00PM at the Fort Nelson Museum

I JUST LEARNED THE PROFESSIONAL WAY TO SAY "I TOLD YOU SO."

THIS WAS IDENTIFIED EARLY ON AS A LIKELY OUTCOME.

MEALS ON WHEELS MENU \$10.00/MEAL
menu subject to change based on ingredient availability

- Tuesday, Aug 12** - Chicken Alfredo & Salad
- Thursday, Aug 14** - Lasagna, Garlic Bread & Caesar Salad

Call to order **250-774-3193** the day prior

SOMETIMES THOSE WHO GIVE THE MOST ARE THE ONES WITH THE LEAST TO SPARE.

NORTHERN ROCKIES REGIONAL MUNICIPALITY

Opportunities & Notices

Career Opportunities
northernrockies.ca/careers

Job Posting No. 2025.23
Lifeguard Instructor I (Part-time)
Closes: Aug 18, 2025 at 4:30 p.m.

Job Posting No. 2025.22
Lifeguard Instructor I (Full-time)
Closes: Aug 18, 2025 at 4:30 p.m.

Job Posting No. 2025.19
Recreation Operations Manager
Closes: Aug 18, 2025 at 4:30 p.m.

For current career opportunities visit www.northernrockies.ca/careers

Bidding Opportunities
northernrockies.ca/bids

For current bidding opportunities visit www.northernrockies.bidsandtenders.ca

Advisories, Notices & Hearings
northernrockies.ca/notices

Notice of Public Hearing
OCP/Zoning Amendment
Bylaws No. 236 & 237, 2025
When: 6:00 p.m., Mon. August 11th
Where: Bear Pit, 5319 50th Ave S
For proposed "OCP Amendment (Highway Commercial to Urban Residential) Bylaw No. 236, 2025" and proposed "Zoning Amendment (4603 50 Ave S - C-2, C-3 to RMH) Bylaw No. 237, 2025".
NOTE: This advertisement contains the most current postings as of the newsletter publication date.
Visit www.NorthernRockies.ca

"BEEM There, Done That"
Money tips, local insight, and advice from the credit union that gets it.

Stretching Your Summer Dollar
Between back-to-school prep and late-summer fun, August can drain your budget fast. Plan no-spend days, pack snacks for those long road trips, and check local event boards for free activities.

Connect with **BEEM** and we'll get you on track. Call 1-877-787-0361 or visit **BEEM Credit Union** (formerly North Peace Savings) here in Fort Nelson.



HONOURING A HERO, ONE FIRE HALL AT A TIME

Driven by love and remembrance, a young girl from our community is honoring loss through a heartfelt mission — one fire station at a time.

Many locals may recognize Lana Thomas, daughter of Jennifer and Travis Thomas, whose recent journey has touched the hearts of firefighters and families across B.C. and Alberta. After the tragic passing of one of her personal heroes, firefighter Ryan Kerr, Lana was gifted a custom-made memory bear — lovingly named Kerr Bear — to help her keep his memory close. But Lana didn't want to keep her cherished bear at home. She had a bigger idea.

Inspired by the bravery of firefighters and her admiration for Ryan Kerr, Lana decided to take Kerr Bear on the road — visiting as many fire halls as possible in his honour. What began as a simple tribute quickly grew into an incredible journey, with Lana and Kerr Bear now having visited 19 fire stations across British Columbia and Alberta.

Some stops were quick visits for a photo, while others involved full tours and warm welcomes from local crews. In every town, Lana brought smiles, shared stories, and kept Kerr's legacy alive — one handshake, hug, and helmet try-on at a time.

Her list of visited fire halls includes: Charlie Lake, Fort St. John, Taylor, Prince George, Williams Lake, Merritt, Kamloops, West Kelowna, Vernon, Penticton, Chilliwack, Vancouver, Valemount, Grande Cache, Grande Prairie, and Dawson Creek. Each station welcomed Lana with open arms, recognizing the powerful impact of her tribute.

Notably, during her travels, Lana even met a firefighter who had recently returned from assisting with the Summit Lake wildfire near Fort Nelson — a poignant reminder of the courage and dedication that inspired her journey in the first place.

Now with 19 stations behind her, Lana already has her sights set on more. "Twenty would be better than nineteen," she said with a grin, already asking her parents when the next adventure might begin.

In a time when community spirit is more important than ever, Lana Thomas reminds us all that even the smallest hearts can carry the biggest love — and that heroes live on through those who remember.

WELCOME TO FORT NELSON'S NEWEST RESIDENT

it's a girl!

Announcing with pride and joy the arrival of baby sister,

Anna Memphis Belleau

Born July 9th, 2025 at 7:27am in Fort St John, BC

Proud Parents
Melinda & Bryan Belleau

Let's
CELEBRATE

SEND US YOUR BIRTH ANNOUNCEMENTS, BIRTHDAY & ANNIVERSARY WISHES!

FOR MORE INFO
EMAIL [NEWSLETTER@FNCLS.COM](mailto:newsletter@fncls.com)

Northern Rockies Triathlon
Saturday August 23, 2025

- Compete as a team or individual!
- \$15 for Adults 19+ | Free for ages 0-18 and 60+
- 4 different distance and 2 duathlon options available
- Seeking volunteers! Spectators are always welcome.

Register Now! 250-774-2541 ext. 1
nrrm.perfectmind.com

FOOD FOR THOUGHT... AND FOR WORMS!

Let's feed the worms, not the landfill.

The NRRM is launching a Commercial Kitchen Organics Diversion Pilot Project— and we're looking for food-service businesses to **lead the way** in reducing kitchen waste!

Contact us to get started!
250-774-2541 ext 2040
rdpadmin@northernrockies.ca

Expressions of Interest due August 31, 2025

Rotary
Club of Fort Nelson

Fort Nelson Community Literacy Society
250-850-5616
newsletter@fncls.com

PLEASE RECYCLE



FEED THE WORMS



PLEASE RECYCLE



FEED THE WORMS